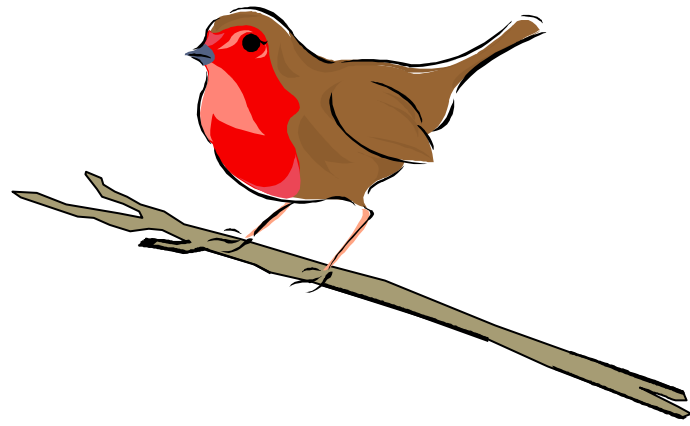


Recipe for Bird Cake

Ingredients:

- Sunflower seeds
- Breadcrumbs
- Broken biscuits (unsweetened)
- Small pieces of apple
- Millet seed
- Lard



The above ingredients are slowly added to melted lard. This mixture is then pressed into greased yoghurt pots. Place the pots in a refrigerator to set. Once set firm remove the bird cake from the yoghurt pot. A hole can be made through the cake to allow it to be hung from a branch or bird table.

